Top Themes - North American Region (U.S. & Canada)

1. Both the U.S. and Canada are blessed with a wide range of abundant natural resources and are bonded by trade and culture. For the U.S., Canada is the leading export market and number 3 source of imports.

2. The U.S. and Canada are two of the world's largest nations territorially (Canada 2nd largest, U.S. 3rd), but are vastly different in population. The U.S. currently has 330 mil (3rd), Canada 38 mil (39th).

3. The two countries are amongst the most urbanized in the world (80% urban). They are also highly suburbanized with beltways (encircling highway systems enabling a circular spread of suburbs outside of the urban core).

4. Sometimes called "Anglo America," this term is inaccurate since Quebec is primarily French speaking. In a close referendum vote in 1995 Quebec voted to remain with Canada.

5. North Americans are the world's most mobile people. Although traffic congestion is a problem, the realm's networks of highways, commercial air routes, and cutting-edge telecommunications are the most efficient on Earth. Millions commute to work by car. Cars have multiplied more than 6 times faster than the human population since 1970. Very large amounts immigrate to the region and also move around within the region. Each year nearly 1 in 6 change place of residence.

6. Much of American migration history was about the push west and the build-up of urban areas. Today's migration patterns for the U.S.:

-Still a movement westward, but also southerly (into the Sunbelt)

-Urban build-up is in the suburban ring rather than downtown

7. The combination of being heavily urbanized along with suburban sprawl has caused several metro areas in the U.S. to join up (called a megalopolis). The Boswash megalopolis is the biggest, which developed along the northern part of the Fall Line (a line of cities that developed along a line where navigation up rivers ran into waterfalls at the start of the Appalachian Mountains).

8. Climate: Westerly winds (west to east) dump precipitation on parts of the mountainous areas of the west coast after which a rain shadow effect keeps the Great Basin area and plains dry. At the 100th meridian the winds pick up moisture and the land becomes more forested continuing east.

9. Both Canada and the U.S. have a history of taking large numbers of immigrants and have numerous cities with high rates of diversity. Immigrants tend to assimilate more so than in European countries.